



Metropolitan Medications LLC dba: MetMeds

NOTICE OF PRIVACY PRACTICES

September 5, 2013

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

As part of the federal Health Insurance Portability and Accountability Act of 1996, known as HIPAA, Metropolitan Medications LLC (MetMeds) has created this Notice of Privacy Practices (Notice). This Notice describes MetMeds privacy practices and the rights you, the individual, have as they relate to the privacy of your Protected Health Information (PHI). Your PHI is information about you, or that could be used to identify you, as it relates to your past and present physical and mental health care services. The HIPAA regulations require that MetMeds protect the privacy of your PHI that MetMeds has received or created.

MetMeds will abide by the terms presented within this Notice. For any uses or disclosures that are not listed below (Including Marketing and Selling of PHI), MetMeds will obtain a written authorization from you for that use or disclosure, which you will have the right to revoke at any time, as explained in more detail below. **MetMeds reserves the right to change the privacy practices and this Notice.**

HOW MetMeds MAY USE AND DISCLOSE YOUR PHI

The following is an accounting of the ways that the MetMeds is permitted, by law, to use and disclose your PHI.

Uses and disclosures of PHI for Treatment: MetMeds will use the PHI that we receive from you to fill your prescription and coordinate or manage your health care.

Uses and disclosures of PHI for Payment: MetMeds will disclose your PHI to obtain payment or reimbursement from insurers for your health care services.

Uses and disclosures of PHI for Health Care Operations: MetMeds may use the minimum necessary amount of your PHI to conduct quality assessments, improvement activities, and evaluate MetMeds workforce.

The following is an accounting of additional ways in which MetMeds is permitted or required to use or disclose PHI about you without your written authorization.

Uses and disclosures as required by law: MetMeds is required to use or disclose PHI about you as required and as limited by law.

Uses and disclosure for Public Health Activities: MetMeds may use or disclose PHI about you to a public health authority that is authorized by law to collect for the purpose of preventing or controlling disease, injury, or disability. This includes the FDA so that it may monitor any adverse effects of drugs, foods, nutritional supplements and other products as required by law.

Uses and disclosure about victims of abuse, neglect or domestic violence: MetMeds may use or disclose PHI about you to a government authority if it is reasonably believed you are a victim of abuse, neglect or domestic violence.

Uses and disclosures for health oversight activities: MetMeds may use or disclose PHI about you to a health oversight agency for oversight activities which may include audits, investigations, inspections as necessary for licensure, compliance with civil laws, or other activities the health oversight agency is authorized by law to conduct.

Disclosures to Individuals Involved in your Care: MetMeds may disclose PHI about you to individuals involved in your care.

Disclosures for judicial and administrative proceedings: MetMeds may disclose PHI about you in the course of any judicial or administrative proceedings, provided that proper documentation is presented to MetMeds.

Disclosures for law enforcement purposes: MetMeds may disclose PHI about you to law enforcement officials for authorized purposes as required by law or in response to a court order or subpoena.

Uses and disclosures about the deceased: MetMeds may disclose PHI about a deceased, or prior to, and in reasonable anticipation of an individual's death, to coroners, medical examiners, and funeral directors.

Uses and disclosures for cadaveric organ, eye or tissue donation purposes: MetMeds may use and disclose PHI for the purpose of procurement, banking, or transplantation of cadaveric organs, eyes, or tissues for donation purposes.

Uses and disclosures for research purposes: MetMeds may use and disclose PHI about you for research purposes with a valid waiver of authorization approved by an institutional review board or a privacy board. Otherwise, MetMeds will request a signed authorization by the individual for all other research purposes.

Uses and disclosures to avert a serious threat to health or safety: MetMeds may use or disclose PHI about you, if it believed in good faith, and is consistent with any applicable law and standards of ethical conduct, to avert a serious threat to health or safety.

Uses and disclosures for specialized government functions: MetMeds may use or disclose PHI about you for specialized government functions including; military and veteran's activities, national security and intelligence, protective services, department of state functions, and correctional institutions and law enforcement custodial situations.

Disclosure for workers' compensation: MetMeds may disclose PHI about you as authorized by and to the extent necessary to comply with workers' compensation laws or programs established by law.

Disclosures for disaster relief purposes: MetMeds may disclose PHI about you as authorized by law to a public or private entity to assist in disaster relief efforts and for family and personal representative notification.

Disclosures to business associates: MetMeds may disclose PHI about you to MetMeds business associates for services that they may provide to or for MetMeds to assist MetMeds to provide quality health care. To ensure the privacy of your PHI, we require all business associates to apply appropriate safeguards to any PHI they receive or create.

OTHER USES AND DISCLOSURES

MetMeds may contact you for the following purposes:

Information about treatment alternatives: MetMeds may contact you to notify you of alternative treatments and/or products.

Health related benefits or services: MetMeds may use your PHI to notify you of benefits and services MetMeds provides.

Fundraising: If MetMeds participates in a fundraising activity, MetMeds may use demographic PHI to send you a fundraising packet, or MetMeds may disclose demographic PHI about you to its business associate or an institutionally related foundation to send you a fundraising packet. No further disclosure will be allowed by the business associates or an institutionally related foundation without your written authorization. You will be provided with an opportunity to opt-out of all future fundraising activities.

FOR ALL OTHER USES AND DISCLOSURES

MetMeds will obtain a written authorization from you for all other uses and disclosures of PHI, and MetMeds will only use or disclose pursuant to such an authorization. In addition, you may revoke such an authorization in writing at any time. To revoke a previously authorized use or disclosure, please contact Ben L. Ray to obtain a *Request for Restriction of Uses and Disclosures*.

YOUR HEALTH INFORMATION RIGHTS

The following are a list of your rights in respect to your PHI. Please contact the Ben L. Ray for more information about the below.

Request restrictions on certain uses and disclosures of your PHI: You have the right to request additional restrictions of MetMeds uses and disclosures of your PHI; however, MetMeds is not required to accommodate a request. This includes the right to restrict disclosures to Insurances for those products and services you pay out-of-pocket for.

The right to have your PHI communicated to you by alternate means or locations: You have the right to request that MetMeds communicate confidentially with you using an address or phone number other than your residence. However, state and federal laws require MetMeds to have an accurate address and home phone number in case of emergencies. MetMeds will consider all reasonable requests.

The right to inspect and/or obtain a copy your PHI: You have the right to request access and/or obtain a copy of your PHI that is contained in MetMeds for the duration MetMeds maintains PHI about you. There may be a reasonable cost-based charge for photocopying documents. You will be notified in advance of incurring such charges, if any.

The right to amend your PHI: You have the right to request an amendment of the PHI MetMeds maintains about you, if you feel that the PHI MetMeds has maintained about you is incorrect or otherwise incomplete. Under certain circumstances we may deny your request for amendment. If we do deny the request, you will have the right to have the denial reviewed by someone we designate who was not involved in the initial review. You may also ask the Secretary, United States Department of Health and Human Services ("HHS"), or their appropriate designee, to review such a denial.

The right to receive an accounting of disclosures of your PHI: You have the right to receive an accounting of certain disclosures of your PHI made by MetMeds.

The right to receive additional copies of MetMeds Notice of Privacy Practices: You have the right to receive additional paper copies of this Notice, upon request, even if you initially agreed to receive the Notice electronically

Notification of Breaches: You will be notified of any breaches that have compromised the privacy of your PHI.

REVISIONS TO THE NOTICE OF PRIVACY PRACTICES

MetMeds reserves the right to change and/or revise this Notice and make the new revised version applicable to all PHI received prior to its effective date. MetMeds will also post the revised version of the Notice on the MetMeds web site at: www.metmeds.com

COMPLAINTS

If you believe your privacy rights have been violated, you may file a complaint with MetMeds and/or to the Secretary of HHS, or his designee. If you wish to file a complaint with MetMeds, please call 1-800-835-1501 or if you wish to file a complaint with the Secretary, please write to:

<http://www.hhs.gov/ocr/office/about/rgn-hqaddresses.html>

MetMeds will not take any adverse action against you as a result of your filing of a complaint.

CONTACT INFORMATION

If you have any questions on MetMeds privacy practices or for clarification on anything contained within the Notice, please contact:

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5707 Lacey Blvd SE Suite 103
Lacey, WA 98503
800-835-1501